

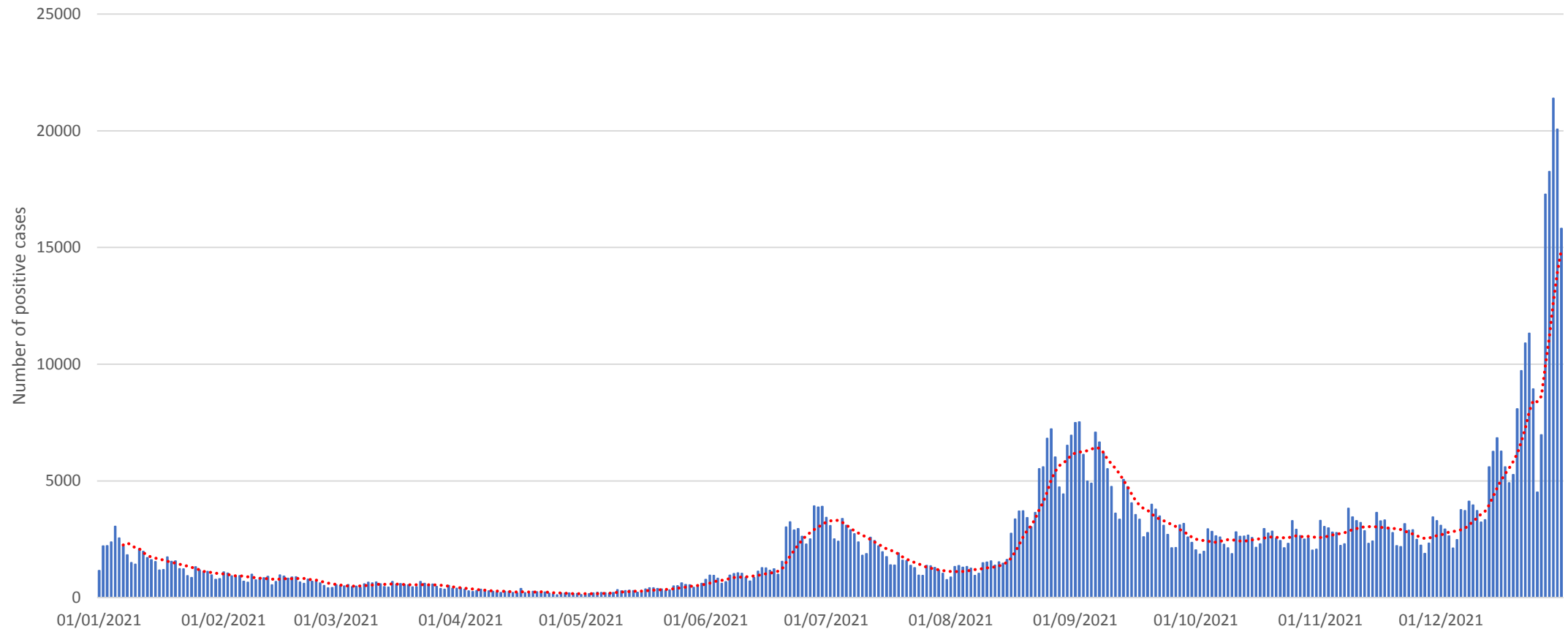
# NHS Shetland COVID-19 Update

---

Public Health Team  
December 2021

# Positive cases across Scotland - Trend data

01/01/2021 – 31/12/2021



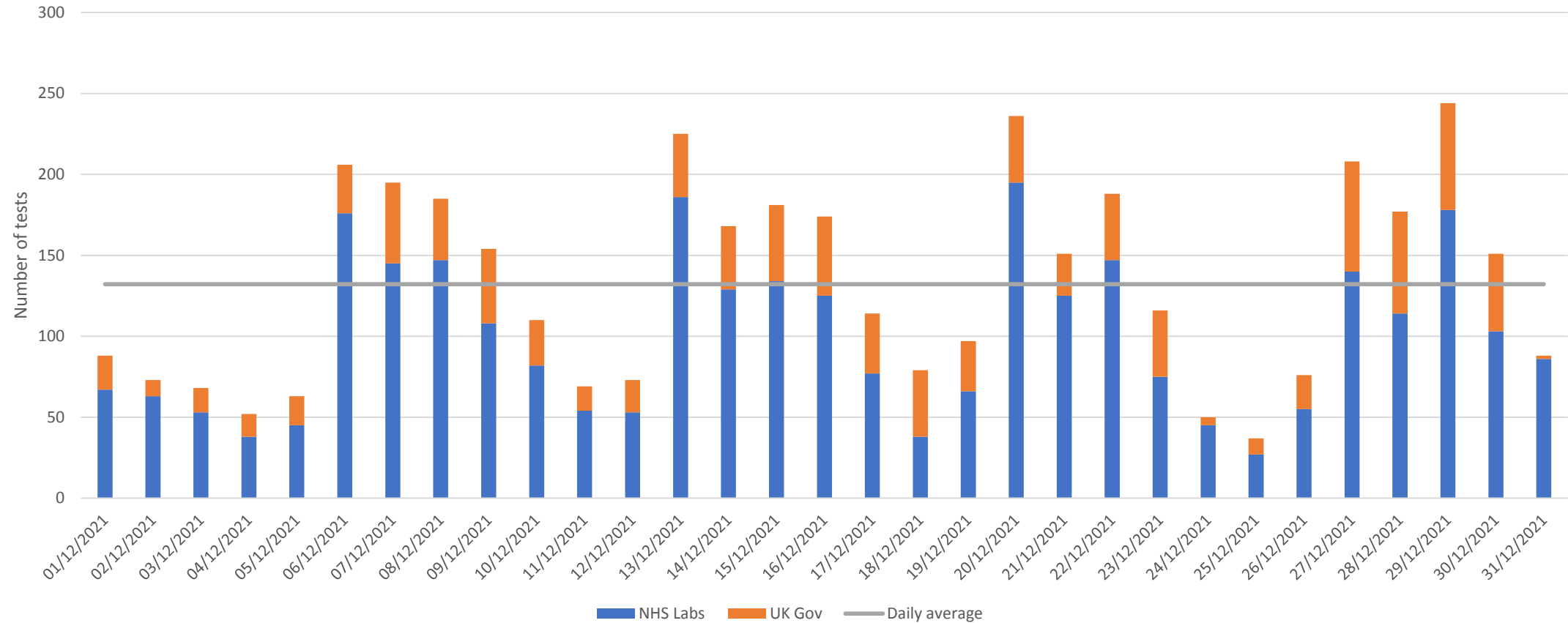
**Source:** PHS Daily Case Trends By Health Board: <https://www.opendata.nhs.scot/dataset/covid-19-in-scotland/resource/2dd8534b-0a6f-4744-9253-9565d62f96c2>  
[Retrieved 06/01/2022]

# COVID-19 Testing – Summary data for Shetland

December 2021

Total number of tests – 4,096 (NHS Labs – 3,076, UK Gov – 1,020)

Average number of tests per day – 132



Source: PHS Daily Case Trends By Health Board: <https://www.opendata.nhs.scot/dataset/covid-19-in-scotland/resource/2dd8534b-0a6f-4744-9253-9565d62f96c2>  
[Retrieved 06/01/2022]

# COVID – 19 Cases - Summary data for Shetland

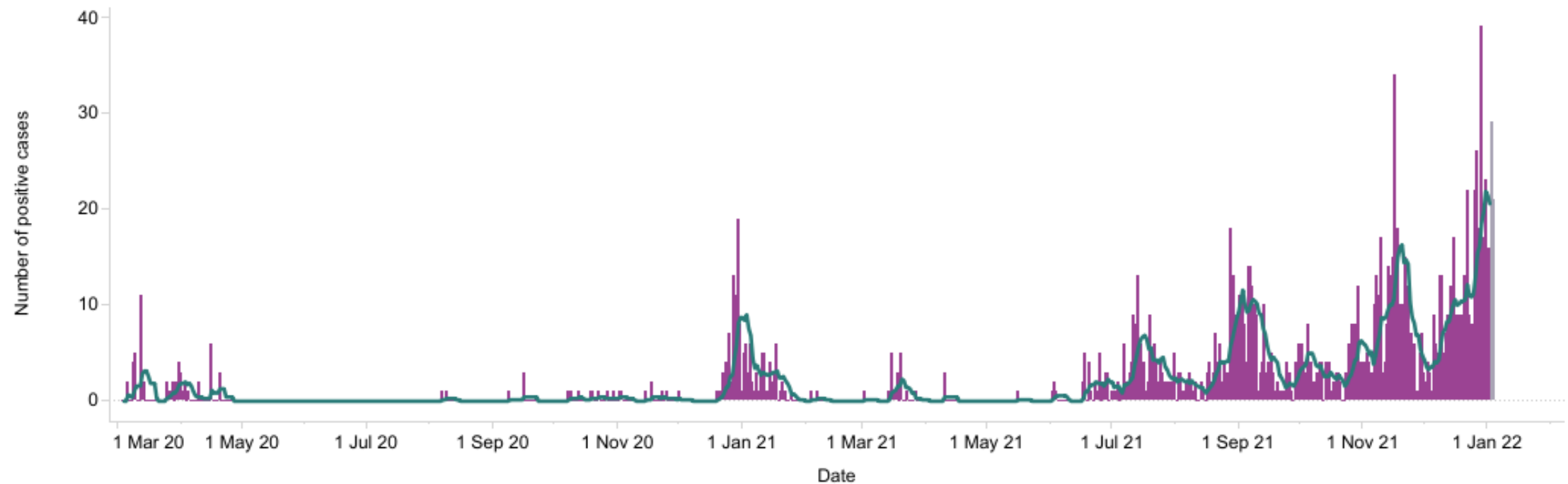
December 2021

Number of cases: **358** ↑

Total number of cases in Shetland as of 31/12/2021: **1,391**

■ Daily figure  
■ 7 day moving average  
■ Most recent data incomplete

Positive cases by specimen date in NHS Shetland

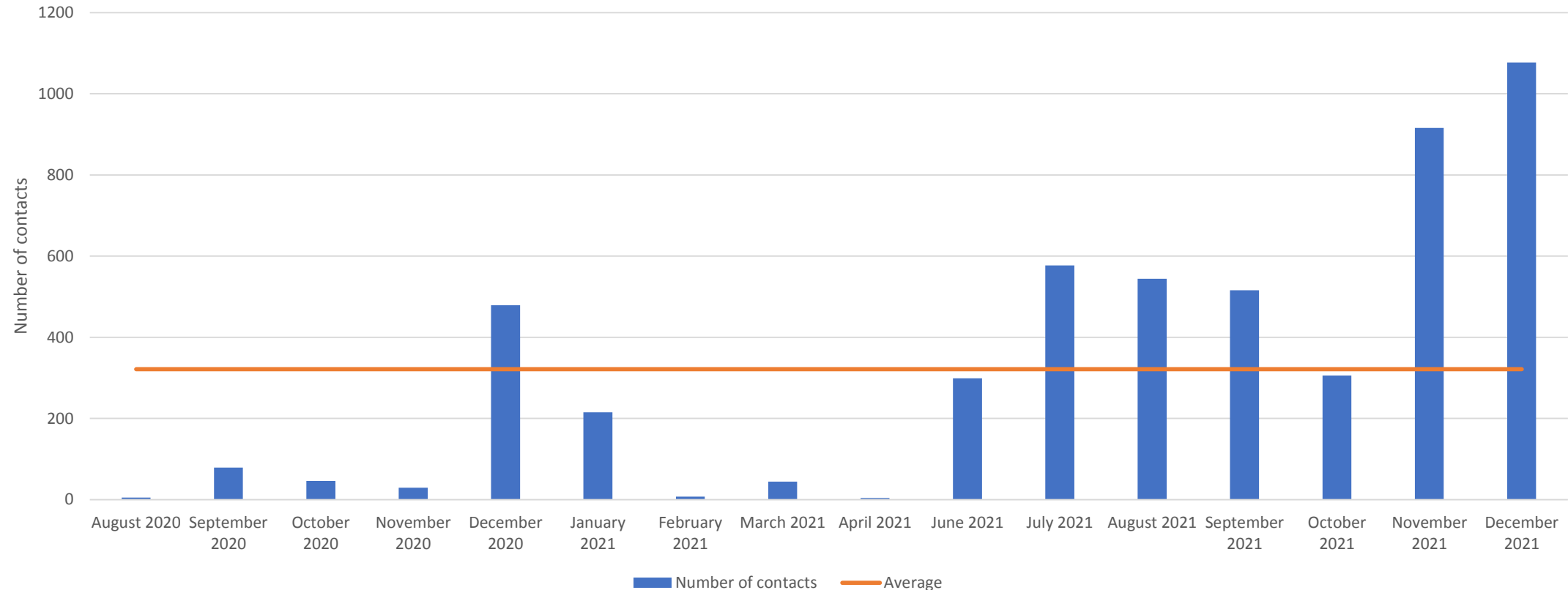


Source: PHS COVID-19 in Scotland Trends & demographics Dashboard [https://public.tableau.com/profile/phs.covid.19#!/vizhome/COVID-19DailyDashboard\\_15960160643010/Overview](https://public.tableau.com/profile/phs.covid.19#!/vizhome/COVID-19DailyDashboard_15960160643010/Overview)  
[Retrieved 06/01/2022]

# Contacts – Summary data for Shetland

## December 2021

Average number of contacts per month - 321



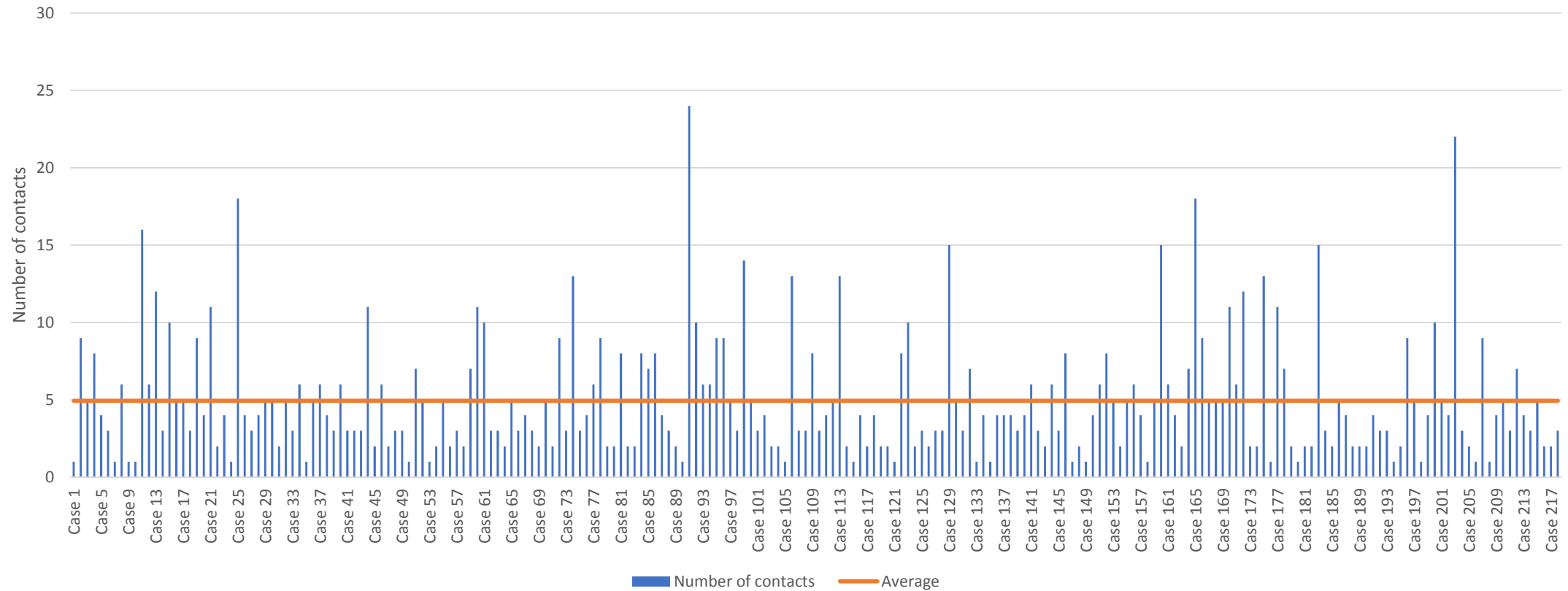
**Source:** Test & Protect BOXI report  
[Retrieved 06/01/2022]

# Contacts – Summary data for Shetland

December 2021

Total number of contacts – 1,077

Average number of contacts per case - 5



Source: Test & Protect BOXI report  
[Retrieved 06/01/2022]

# Vaccine Eligibility - January 2022

*First dose – anyone aged 12 and over*

*Second dose*

- *aged 18 and over after a minimum gap of 8 weeks from first dose .*
- *aged 12-17 AND in a clinical risk group after minimum gap of 8 weeks*
- *others aged 12-17 after a minimum gap of 12 weeks.*

*Booster*

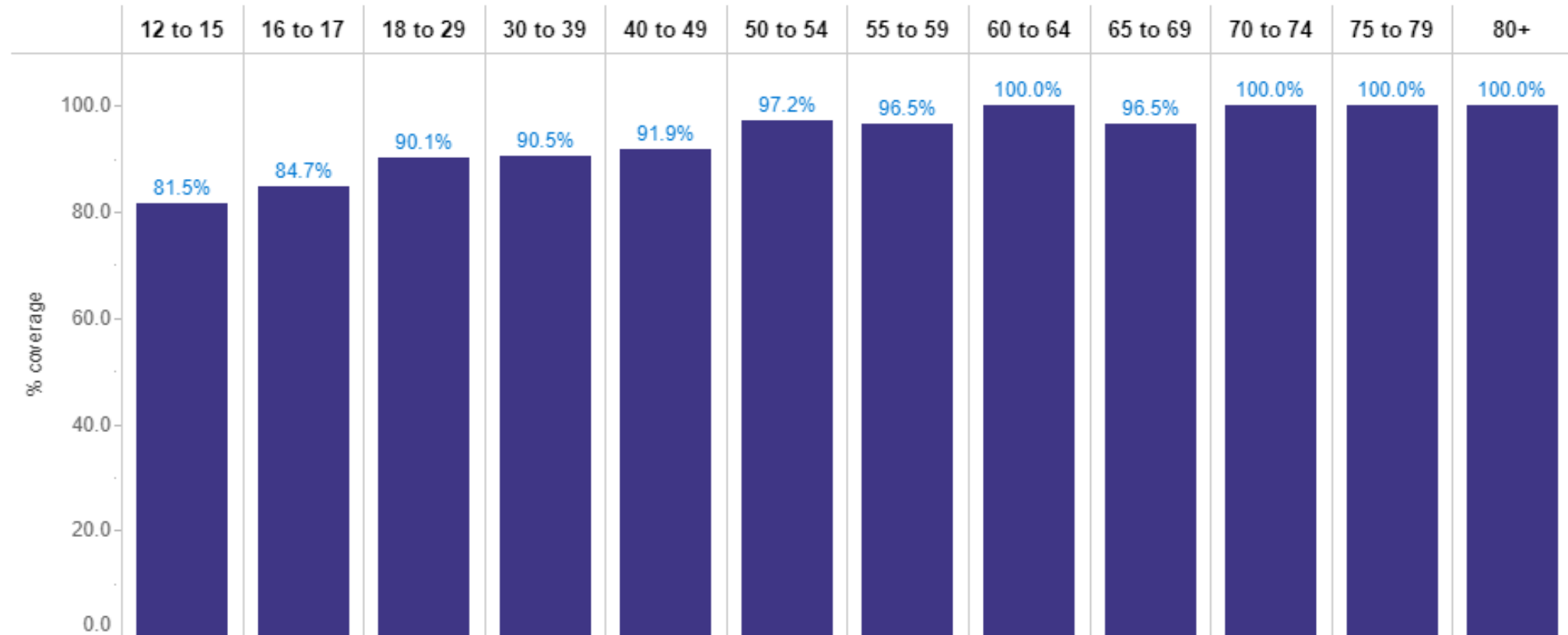
- *aged 16 and over after a minimum gap of 12 weeks from second dose*
- *in the immunosuppressed group, a minimum of 12 weeks after 3rd dose*

Information on the vaccine and eligibility is

here: <https://www.nhsinform.scot/covid-19-vaccine>

# Vaccinations Dose 1 – Summary data for Shetland

Total % coverage by age group in NHS Shetland

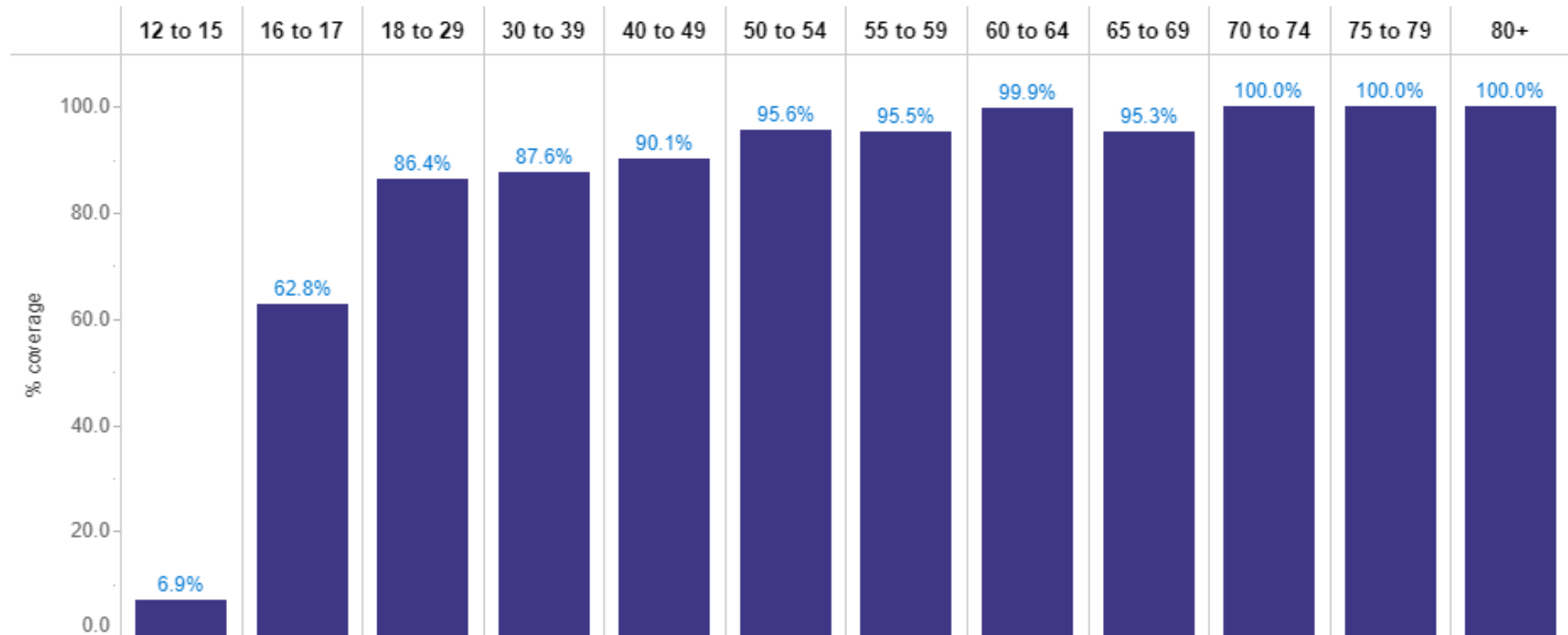


Age group breakdowns use the age of the individual as at 31 August 2021. Denominator populations for age/sex groups and area breakdowns are sourced from National Records of Scotland mid-2020 estimates (the latest available).



# Vaccinations Dose 2 – Summary data for Shetland

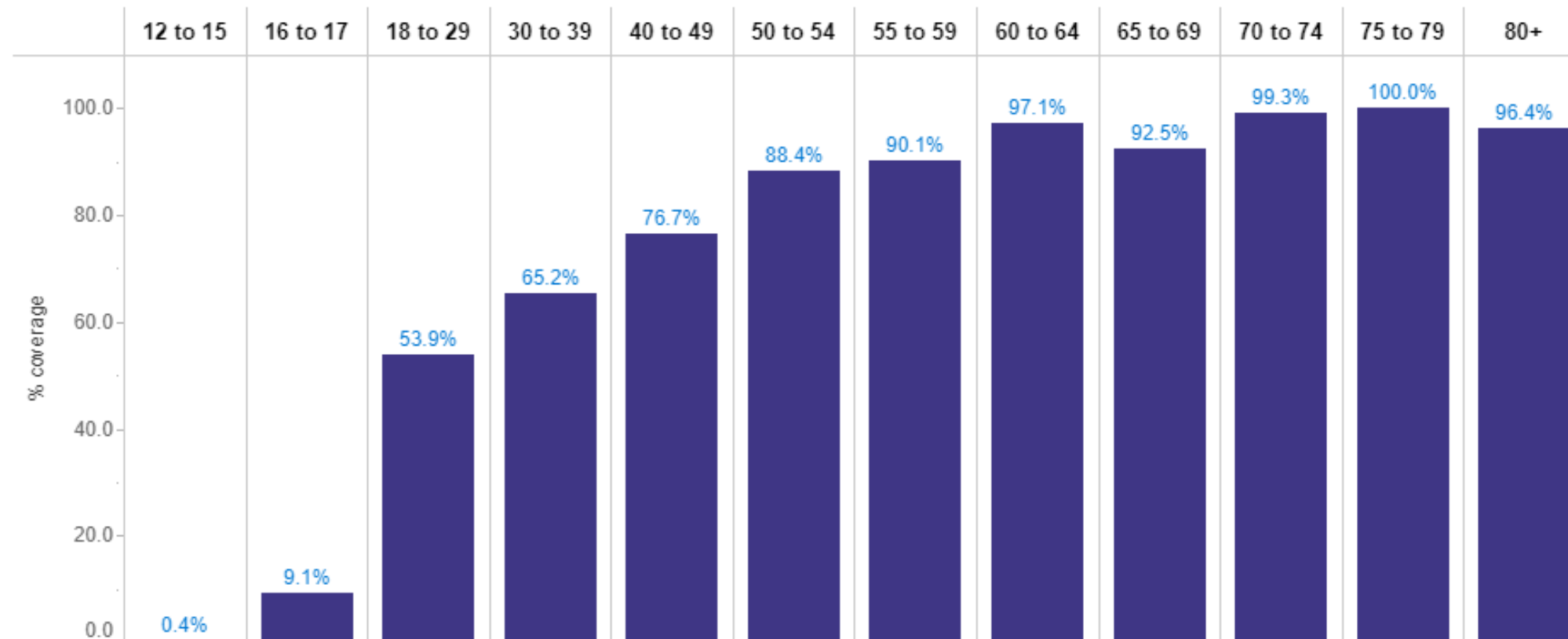
Total % coverage by age group in NHS Shetland



Age group breakdowns use the age of the individual as at 31 August 2021. Denominator populations for age/sex groups and area breakdowns are sourced from National Records of Scotland mid-2020 estimates (the latest available).

# Vaccinations Dose 3/Booster – Summary data for Shetland

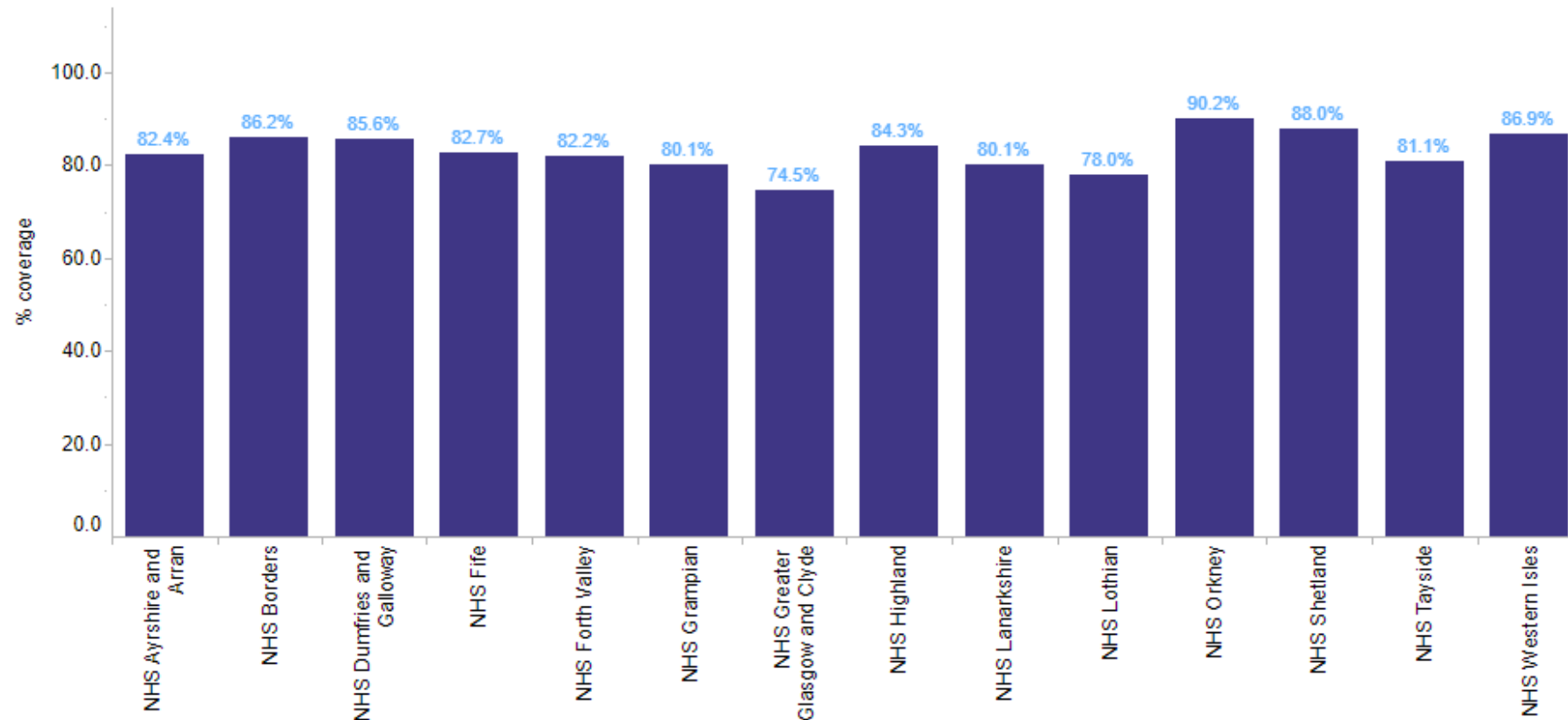
Total % coverage by age group in NHS Shetland



Age group breakdowns use the age of the individual as at 31 August 2021. Denominator populations for age/sex groups and area breakdowns are sourced from National Records of Scotland mid-2020 estimates (the latest available).

# Vaccination Booster or Dose 3: Summary by NHS Board

Booster or Dose 3 % coverage of eligible population in people aged 18+ years by dose and by NHS Board



# January 2022 so far:

We have seen an average of 25 new cases a day over past week.

Getting your coronavirus (COVID-19) vaccination remains the best way to protect yourself from the virus.

The number of PCRs requested by the general public, needing local swabbing and processing by our Labs is significantly reduced since the change in the guidance last week. (Because most positive LFTs no longer need PCR confirmation)

There are now additional treatment options for selected groups of people with coronavirus who are thought to be at greater risk. These additional treatments need to be given soon after a positive PCR test result to be most effective. These treatments are available to groups of people thought to be at high risk and with a clinical condition that's been prioritised for treatment. Patients in this category will have received a letter, but the Public Health team also checks positive results against this list. Further information: [Coronavirus \(COVID-19\): Treatments | NHS inform](#)

We know the Omicron Status of a proportion of cases – where the swab has been sent to a Lighthouse Lab, along with some results from allele specific PCR.



In Scotland , Omicron is dominant, with over 90% of new of cases in Scotland now reported as ' s-gene drop out' which is a marker for probable omicron infection.

# Key changes to guidance from 6<sup>th</sup> Jan 2022

- Cases are still recommended to isolate for 10 days, but may finish on day 7 if they have a negative LFT on day 6 and on day 7, or day 7 & 8 etc
- Fully vaccinated (boostered) contacts may be exempt from isolating if they have a negative LFT, and then take LFTs daily for 10 days. They must also follow all other guidance for those ending isolation early. They do not need a PCR.
- H&SC workers follow the same rules, but contacts must have a negative PCR before return to work
- A positive LFT no longer requires a confirmatory PCR except in certain circumstances (if applying for isolation grant or in high risk group and may be eligible for treatment)
- Anyone with Covid symptoms should still get PCR, unless they have already received a positive LFT.

# Further reading

- Scottish Government publication: State of the Epidemic <https://www.gov.scot/publications/coronavirus-covid-19-state-epidemic-07-january-2022/>
- NHS Inform: [Coronavirus \(COVID-19\) in Scotland | NHS inform](#)
- NHS Shetland Coronavirus Microsite: [Coronavirus \(COVID-19\) – . \(nhs.scot\)](#)